



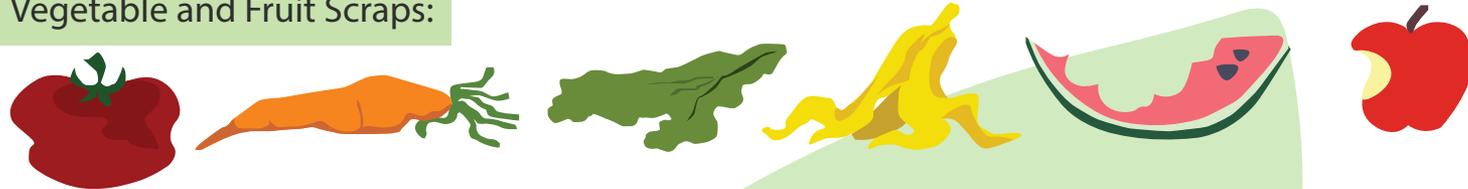
WORM COMPOSTING GUIDE

What to Feed Your Red Wiggler Worms



Include:

Vegetable and Fruit Scraps:



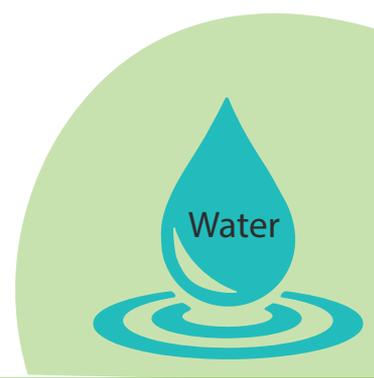
Paper: Shred all items



Others Foods to Include:



Special Treats: OK to feed occasionally



No Thanks:



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DIY WORM BIN INSTRUCTIONS



Supplies Needed:

- 1 2-18 Gallon GSI Bins (OR 2 Rubbermaid Bins that are the same size)
- 2 1- 18 Gallon Bin Lid
- 3 18-Gallon Bag of Shredded Paper
- 4 A Drill with 1/4 Spade Drill Bit
- 5 Blocks, Large Rocks or Empty Soda Cans
- 6 Carpet or Brown Paper Grocery Bag
- 7 Watering Can / Water
- 8 Red Wiggler Worms
- 9 Handheld Garden Cultivator (optional)
- 10 Epoxy and Gloves (if using a GSI Tub)



Steps to Get Your Bin Worm Ready:

- Step 1:** Prepare Bin #1 by ensuring it is completely sealed, so no liquid will drain out. If repurposing a GSI Tub, put on gloves, then fill the holes in the bottom of the tub with liquid epoxy. Let Dry.
- Step 2:** Prepare Bin #2 and the lid by drilling holes throughout to allow air passage in and the liquids to drain out. Drill several small holes on the sides, bottom, and in the lid.
- Step 3:** Place blocks or pop cans inside of the sealed Bin #1. Next, set Bin #2 inside of the sealed bin, on top of the cans. The bins should fit nicely together, with at least a six-inch gap in between the two bins, for liquids to drain.
- Step 4:** Prepare the worm bedding by filling Bin #2 with Shredded Paper. Next, water the shredded paper with the watering can, to dampen paper. Paper should be damp, not soaking. Use the hand cultivator to fluff the paper.
- Step 5:** Place red wiggler worms in their new home! Let them sit in the shredded paper for a couple of days before adding food scraps. Place a piece of carpet or a paper bag on top of the shredded paper to insulate and reduce fruit flies. Snap on the lid.
- Step 6:** Place your worm bin in a dry area with moderate temperatures, such as in a garage or under the sink.

Feeding Your Worms and Other Tips:

Use the GSI What to Feed Your Red Wiggler Worm Guide to know what foods to give your worms. Keep leftover food scraps in a sealed Tupperware container (in the fridge to keep fruit flies from forming). Feed the worms your scraps and carefully monitor the bin. Avoid letting the food pile up so the bin does not smell. If no food is added, that is ok! The worms will eat the paper. Keep the paper moist.